

## Fitness Center Orientation

- Our mission is to orient R-Club members and new users of the Goergen Athletic Center to the fitness facilities. As a team, we give individual and group tours of the Fit Center and make new members feel acclimated to their new fitness environment. Our goal is to make patrons understand the options, conditions, and all that the Fit Center has to offer. We want new members to work out in a comfortable and healthy way.
- Interested in signing up for a tour?? Contact [sbehme@sports.rochester.edu](mailto:sbehme@sports.rochester.edu) and we will set you up with a personalized tour of the Fit Center!

### MEET OUR ORIENTATION TEAM!

